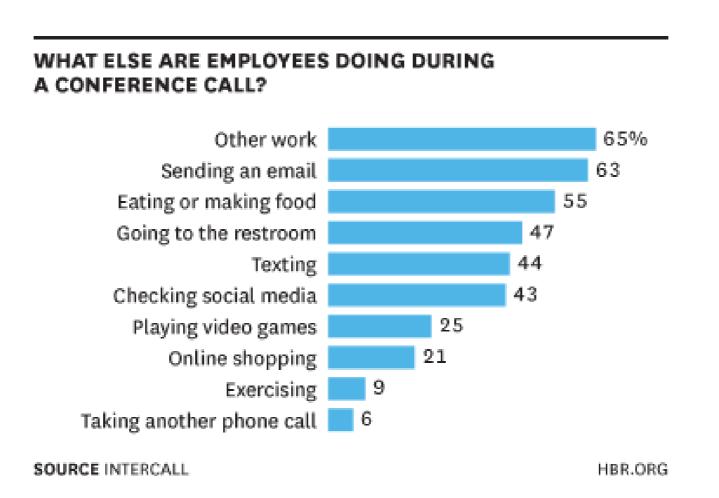
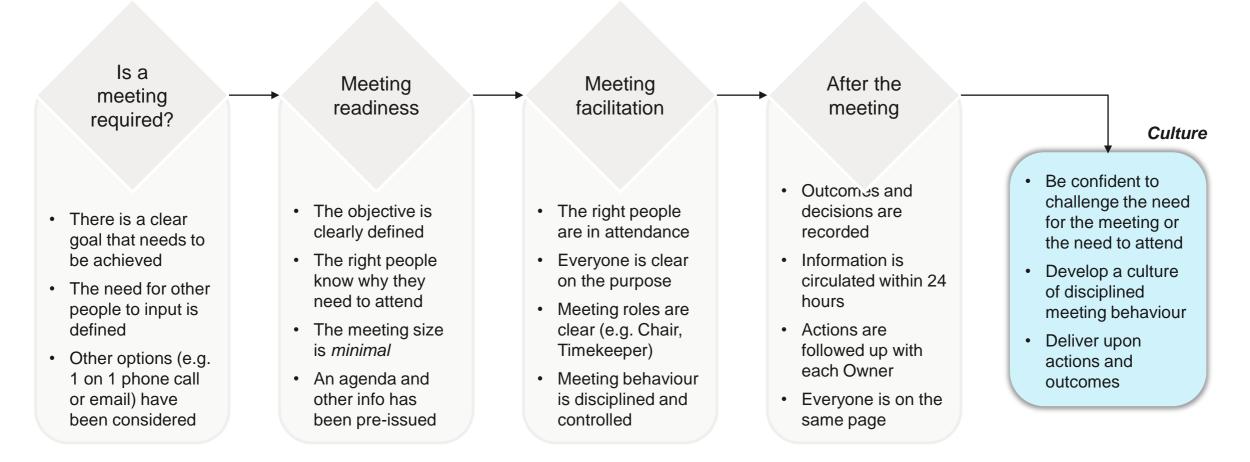
Effective Virtual Meetings April 2020



Effective Virtual Meetings Distractions Destroy Virtual Meetings



Effective Virtual Meetings Best Practice Process



Technology Is Not the Silver Bullet

Effective Virtual Meetings Hints And Tips For Leaders

Set the standard

- Behave the way you expect others to behave in virtual meetings
- Be engaging. "Energy fosters energy". Give your full attention. Be 100% present.
- Define "the rules of the road" / agreed ways of meeting upfront

2. Plan the meeting

- Create a detailed and timed agenda and send out ahead of time
- Not all meetings have to be the same length of time or process
- Know your tools and technology and have a plan B
- Invite the right people

Set the tone at the start of the meeting

- · Start and end punctually
- Have small talk to start and do a 'check-in' of how people are doing
- · List the names of attendees at the start of the meeting.
- · Address attendees by name when verbally interacting with participants
- Remind everyone of the meeting goal
- Have everyone put their video on and turn to mute when not talking
- Ensure that everyone has updated the identifier to their name on WebEx

4. Actively manage the meeting

- Give people things to do (e.g. facilitator, timekeeper, note taker, technology keeper)
- Ask people to contribute and encourage collaborative problem solving
- · Use innovative techniques for virtual brainstorming, feedback and voting
- Ensure everyone behaves in accordance with our iCARE values
- Stay on task in order to keep the group engaged and to distract from the temptation to multitask
- · Provide brief recaps as you move through the agenda before you move onto the next item and again at the end of the meeting
- · Make sure all shared content is legible

5. Close the meeting formally

- · Do a check-out at the end of the meeting
- · Send action items out within 24 hours after the meeting to reiterate what was decided upon and next steps.
- Send a follow-up and check on progress against agreed actions

Common Meeting Roles Guides meeting participants through the agenda, keeps **Facilitator** the team on track to achieving the meeting's objectives, and ensures everyone's voice is heard. Records Learnings, Decisions, and Tasks, and takes Note-taker general notes during the meeting. Provides a verbal highlevel summary at the end of the meeting. Reminds people of meeting time constraints and calls the Time-keeper question of whether to continue the discussion if time Technology-Sets up meeting technology (video call, microphone, etc.) and troubleshoots as needed. keeper meeteor

Effective Virtual Meetings Do's And Don'ts For All Participants

DO's

- Do find a quiet place to dial-in
- Do be courteous to other participants
- Do speak clearly
- Do keep body movements minimal
- Do move and gesture slowly and naturally
- Do maintain eye contact by looking into the camera
- Do use the *mute* function when you are not talking
- Do be yourself

DON'TS

- Don't multi-task
- Don't make distracting sounds
- Don't shout
- Don't make distracting movements
- Don't have distractions in the background
- Don't interrupt other speakers
- Don't carry on side conversations
- Don't wear "noisy" jewellery
- Don't cover the microphone

REMEMBER EVEN THOUGH IT IS VIRTUAL YOU ARE STILL IN A MEETING!