# Monash**Health**

# **Motivating Teams**

Presented by:

**Simon Tedstone** 

# **Motivating Teams**

# Why is this important now?

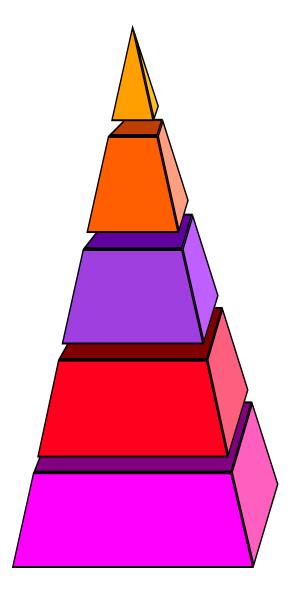


# **Emotional state**

- Adrenalin up, adrenalin down
- Certainty, uncertainty (where too now?)
- Insecure, anxious?
- Excited , energised?

The perfect storm for poor motivation





**5. Self realisation** Achievement, Development, Progress

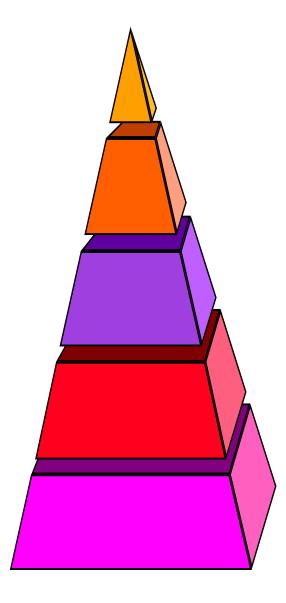
**4. Esteem** Responsibility, Recognition, Praise

**3. Social** Work relationships, Supportive Supervision

**2. Safety** Job & Role Security,

**1. Physiological** Pay, Working Conditions, Rest

COPYRIGHT MONASHHEALTH



**5. Self realisation** Achievement, Development, Progress

**4. Esteem** Responsibility, Recognition, Praise

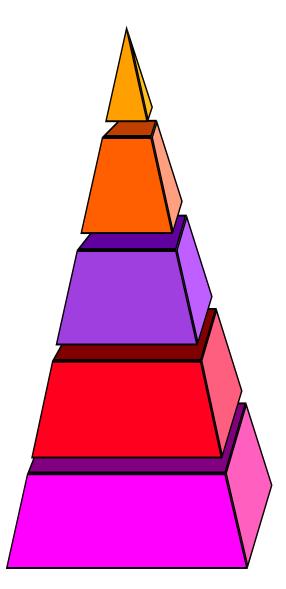
**3. Social** Work relationships, Supportive Supervision

**2. Safety** Job & Role Security,

**1. Physiological** Pay, Working Conditions, Rest

**Hygiene Factors** 

© COPYRIGHT MONASHHEAITH



5. Self realisation	Achievement, Development, Progress	Motivators
4. Esteem	Responsibility, Recognition, Praise	
3. Social	Work Relationships, Supportive Supervision	
2. Safety	Job & Role Security,	Hygiene Factors
1. Physiological	Pay, Working Conditions, Rest	

6

#### **Need for Achievement**

## **Concerns are for:**

- Need to excel or do well at a task
- Set clear goals and targets and delight in their achievement
- Like to tick achievements off
- Exceeding targets

## **Need for Affiliation**

## **Concerns are for:**

- Being part of a group or team
- Being liked & accepted
- Maintaining positive relationships
- Minimising conflict

#### **Need for Influence**

## **Concerns are for:**

- Having influence over others
- Position and power
- Having control of a situation
- Acquiring a reputations or position
- Arousing strong emotions in others

McLelland's motivational preferences

COPYRIGHT MONASHHEALTH

#### **Need for Achievement**

- Set the task and let them get on with it
- Help them improve their performance
- Set clear goals and targets
- Meetings are to the point
- Like to tick achievements off
- Outperforming others

#### **Need for Affiliation**

- Make them feel part of a team
- Get to know them on a personal basis
- Show them you value your relationship with them
- Make sure they feel part of the team and are valued
- Minimise conflict
- Ask them about their lives outside of work

## **Need for Influence**

- Ask for their opinion regularly
- Acknowledge their contribution to the organisation
- Let them develop the solution and action plan
- Show you consider them to be important
- Give them opportunity to take the limelight

8 COPYRIGHT MONASHHEALTH

# **Motivation teams**

5. Self realisation	Achievement, Development , Progress	Motivators	
4. Esteem	Responsibility, Recognition, Praise		
3. Social	Relationships, Supportive Supervision		
2. Safety	Job & Role Security,	Hygiene Factors	
1. Physiological	Pay, Working Conditions, Rest		

# **Motivation individuals**

Understand your own needs and appeal to the needs of others:

- Need for Achievement
- Need for Affiliation
- · Need for Influence

# **MonashHealth**

© Monash Health 2018-19.

Copyright in this presentation and any handouts delivered during this presentation (including content and design) is owned by Monash Health or used under licence.

You may make limited copies of this presentation and/or handouts in accordance with the Copyright Act 1968 (Cth), including copies for research, study, criticism, review or news reporting. You may not publish, reproduce, adapt, modify, communicate or otherwise use any part of this presentation or its hand outs (in particular for commercial purposes).

This notice can change at any time. For more information about the Monash Health copyright policy visit <a href="http://www.monashhealth.org/copyright-monash-health">http://www.monashhealth.org/copyright-monash-health</a>