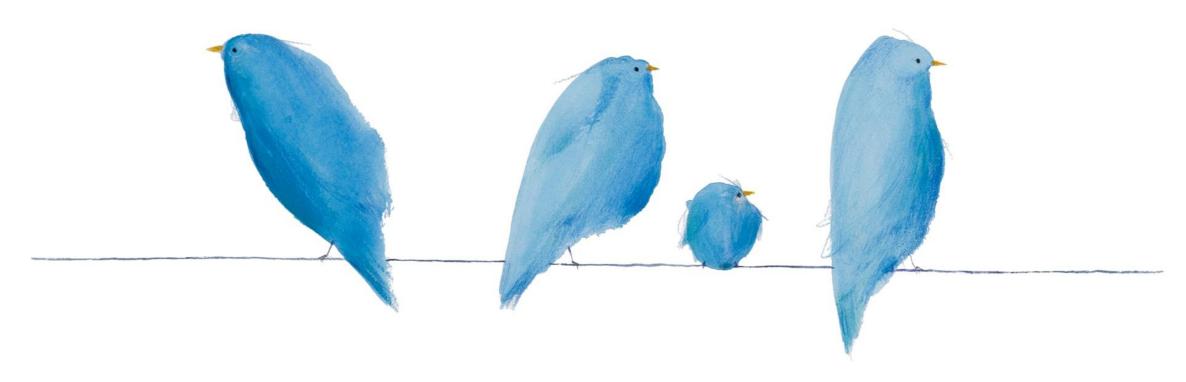
# Manager responsibilities for employees affected by family violence













#### **Session overview**

- Definition, prevalence; what it looks like in the workplace
- How to support an employee affected by family violence
- Family violence and working from home
- Guidance and education available to you





#### What is family violence?

Family violence is behaviour by a person towards a family member of that person that is:

- physically or sexually abusive
- emotionally abusive
- financially abusive
- threatening
- coercive

In any other way controls or dominates the family member and causes that family member to feel **fear** for the safety or wellbeing of that family member or another person.

Causing a child to hear, see or be exposed to these behaviours is also family violence





#### **COVID** and social isolation

#### **Increased pressure on families**

- Unemployment increased
- Reduced social support
- Working and schooling from home
- In-person service provision reduced



#### People experiencing violence have found themselves at home with their abuser 24/7

- Fewer opportunities to access unmonitored information and support
- Access to refuge and crisis accommodation limited





#### Prevalence across the lifespan



have experienced physical or sexual violence by a current or previous partner since the age of 15



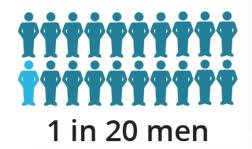


have experienced emotional abuse by a current or previous partner since the age of 15





have experienced sexual violence since the age of 15







#### What does family violence look like at work?

#### **Impacts**

- Disrupted work patterns
- Anxiety
- Bruises and injuries
- Decreased productivity
- Impaired capacity to work
- Absenteeism
- Resignation

#### Work is a protective factor

- Financial independence
- Well-being
- Social supports
- Information
- Safety and security





#### How to respond to a workplace disclosure

L	LISTEN	"It sounds like things have been very difficult for you"
	INQUIRE	"Do you feel safe at work?"
V	VALIDATE	"I really appreciate you trusting me with this"
Ε	ENHANCE SAFETY	"How can I help you?"
S	SUPPORT	"Have you thought about what you might want to do?"

Contact your People and Culture Business Partner for information and advice





## An unsupportive response to workplace disclosures

- What did you do to make him so angry?
- If you really care about your children then you'll leave him
- It seems like he loves you a lot and is just jealous
- There's not much anyone can really do to help if you stay in this relationship
- We can provide you with some support for now but we really need you to get this situation resolved as soon as possible







## Support available to employees







## Sam's mum was killed while working from home

- The NSW court of appeal found it was a workplace death
- Her family were granted \$450,000 in workers compensation
- Working from home is more than ergonomics!







## Supporting someone experiencing violence while working from home

Offer information and referral

Identify
ways to
communicate
confidentially
and safely

Make yourself available – helps with answering questions and feeling supported

If it is not safe to work at home discuss other options

Develop a workplace safety plan





#### Policies and guidelines on PROMPT







- Family violence operational policy
- Family violence: managers guide to supporting our employees
- Family violence clinical guideline
- Family violence flowchart
- Family violence service list
- Responding to family violence intervention orders and other related orders procedure
- Child safe operational policy
- Suspected child abuse procedure





#### Family violence education available

- Manager training on family violence (1hour) is now mandatory
- Family violence clinician training (1hour) recommended for all clinical employees.
  - Enrol via LATTE
- To arrange a session at your convenience contact:
  - familyviolenceeducation@monashhealth.org







## **Key messages**

- Family violence is common and affects our employees too
- It is a sensitive issue that requires a sensitive management response
- There are policies, procedures and guidelines that can help
- You don't need to be a family violence expert there is support
- Take care of yourself EAP, talk with someone you trust
- You can speak to a People and Culture Business Partner or call 1800RESPECT





## Family Violence team contacts

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Family violence is the leading contributor to death, disability and illness for women aged 15-44.

#### Find out more.

Speak to us today or call 1800 RESPECT





