# Leadership Development Hub

What's new?



#### What's new

## **Leading a remote team**

Resource	Туре	Time required
A positive work from home experience for you and your team	Tip-sheet	<5 minutes
Remote working challenges and solutions for leaders	Tip-sheet	<5 minutes
Tips for leading a virtual team	YouTube	<10 minutes
Effective dispersed team working	Pearl of wisdom video	<5 minutes
Team Play: Open ended work-from-home check in	Session outline (word doc)	~45 minutes to run
Team Play: Structured work-from-home check in	Session outline (word doc)	~60 minutes to run

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## Resilience

Resource	Туре	Time required
Seven (7) Learnable Resilience Skills	Overview/example actions	<5 minutes
Ted talk: Bringing Balance Back	Video	<20 minutes
Strategies for performing well under pressure	Web article	<5 minutes
Strategies to combat organisational fatigue	Overview/example actions	<5 minutes
Pearl of wisdom: 10 habits of positive people	Video	<5 minutes
Pearl of wisdom: Positive thinking – sense checking thoughts	Video	<5 minutes
Pearl of wisdom: Seven learnable resilience skills	Video	<5 minutes
Team Play – Seven learnable resilience skills	Session outline + handout (word doc)	~ 15-30 minutes to run



13/07/2022

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## **Empathy and kindness**

Resource	Туре	Time required
7 habits of highly empathetic people	Web article	<10 minutes
Brene Brown on empathy	Video	<5 minutes
The empathetic leader	Video	<5 minutes
The science of kindness	Video	<5 minutes
Kindness example ideas	Examples	<5 minutes
Team Play – Supporting each other with kindness	Session outline (word doc)	~30 minutes to run

