Nursing and Midwifery Forum

9 December 2022



Adj Prof Katrina Nankervis
Chief Nursing and Midwifery Officer



Monash Health acknowledges the Traditional Custodians of the land and we pay our respects to them, their culture and their Elders past, present and future.





Questions via

Slido #CNMO2022

Type Slido into your browser then enter the code above...



COVID Update

- Moved to Stage 3 of the health system response plan
- Recently re-introduced mandatory mask use and increased our COVID-19 capacity across our health service.
- Hospital admissions are now the best indicator of infection numbers
- It is timely to remind ourselves of the importance of hand hygiene, correct mask use, booking in our annual fit test.
- Get tested if unwell, and there is the requirement to report positive test results.



From **Saturday 3 December**, RUSON/M workforce may be incorporated into the nurse/midwife-to-patient ratio numbers.

Where does this apply?

- RUSONs can work in care teams in our medical, surgical, subacute, rehab and mental health areas
- RUSOMs can work in care teams within our ante/postnatal inpatient wards
- This does not apply to our intensive care and high acuity nursing areas

How will this work?

- Our rosters will not change
- Where unplanned leave cannot be filled by an RN/Midwife/EN from pool, bank, agency or overtime a RUSON/M can be included in the direct care numbers
- RUSON/Ms will be part of the direct care team, only undertaking activities within their scope, under appropriate supervision

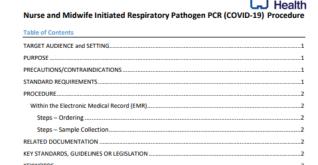
Further information:

- DCO, Educator, Clinical Support Nurse/Midwife will be able to answer questions, along with resources available on the NaMes intranet and LATTE e-learning sites
- We will monitor the situation and advise as soon as we are able to stand-down the extended team model



NEW – Nurse & Midwife Initiated Respiratory Pathogen PCR (COVID-19) Procedure

- Developed to allow nurses and midwives to initiate Respiratory Pathogen PCR (COVID-19) tests where clinically indicated and is designed to improve time to treatment and patient flow
- Order Respiratory Pathogen PCR (COVID-19) for patients as per the relevant procedure
 - Inpatient Suspected COVID-19 Testing and Exclusion Procedure
 - COVID-19 Clearance Procedure
- PCR is ordered via EMR
 - Patient summary > Quick Orders > Respiratory Pathogen PCR > Select Protocol (NO Cosign) – 'Ordering Physician' is the Infection Prevention Head of Unit (Dr. Rhonda Stuart) > Sign the order



TARGET AUDIENCE and SETTIN

Registered Nurses and Registered Midwives working at Monash Health. This procedure applies to adult and paediatric inpatients in all clinical areas of Monash Health.

PURPOS

This procedure describes the process for nursing and midwifery employees ordering nurse initiated Respiratory Pathogen PCR (COVID-19) tests for patients admitted to inpatient clinical areas of Monach Health.

PRECAUTIONS/CONTRAINDICATIONS

- Nurses and Midwives are expected to work within their scope of practice
- Nurse / Midwife initiated point of care pathology is determined by Scope of Practice as well as Monash Health Policies and Procedures.
- A respiratory pathogen PCR (COVID-19) is ordered where there is a clinical indication based on patient assessment
- As part of the contact tracing process, Infection Prevention may request a nurse or midwife
 to initiate a respiratory pathogen PCR (COVID-19) test. Where this occurs, this procedure must
 be followed.

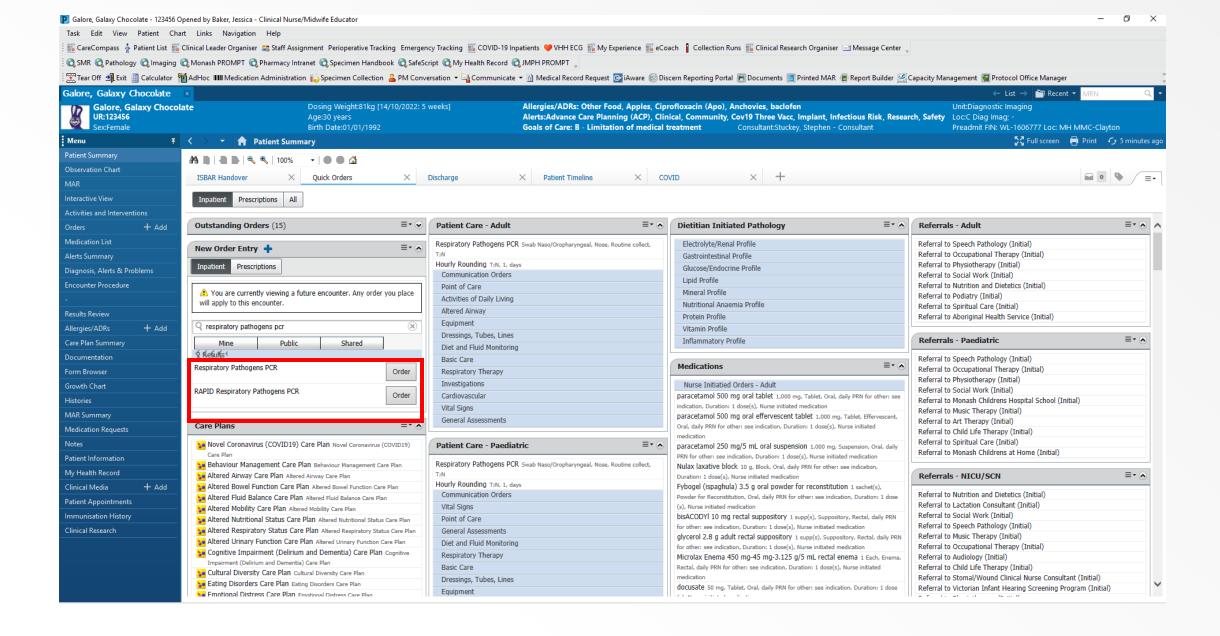
STANDARD REQUIREMENTS

When undertaking any clinical interaction with a patient, staff are expected to;

- Perform routine hand hygiene. Refer to the <u>Hand Hygiene Procedure</u>.
- Introduce themselves to the Patient and Carer/ Family if in attendance
- Check patient identification. Refer to the <u>Patient Identification Procedure</u>

PROMPT Doc No: SNH0196084 v2.0		
Date loaded on PROMPT: 11/11/2022	Page 1 of 3	Review By: 05/03/2023
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Antiseptics- product availability and alternatives

- These products are currently unavailable from the manufacturer
- Chlorhexidine 0.1% aqueous, 30mL
- Chlorhexidine Cetrimide 0.05%-0.5%, 30mL





Antiseptics- product availability and alternatives

What is happening?

- Due to the unavailability of the above products, the use of antiseptics for Urinary Catheter insertions
 was reviewed. To align with other health services and current available evidence, the decision has
 been made to move to sodium chloride 0.9% for cleaning prior to Urinary Catheter
 insertion. This change has been endorsed by Pharmacy and Infection Prevention.
- Clinical Guidelines will be updated to reflect this change

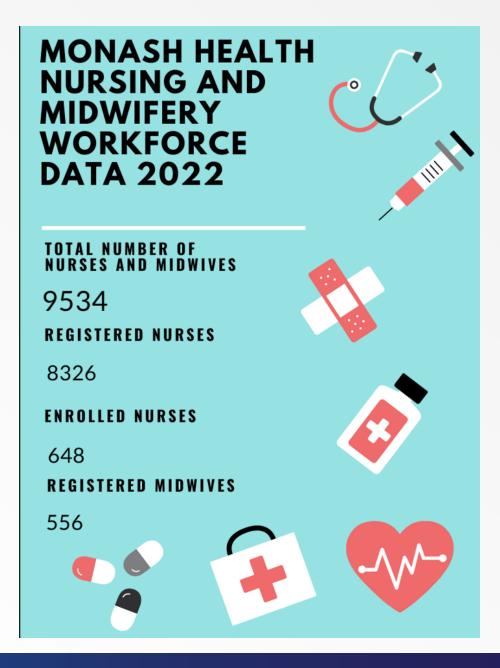
What do I need to do?

- For Urinary Catheter Insertion, sterile **sodium chloride 0.9%** is the solution of choice; please be aware of this change of practice.
- Chlorhexidine aqueous 0.1%, 100mL will be available in Operating Suites for use as a surgical skin preparation when alcoholic chlorhexidine is not suitable.
- Chlorhexidine 1% Obstetric lotion remains available for obstetric and gynaecological procedures.



Celebrating our achievements





8/12/2022

Our care at a glance

(2020-21: 3.46m)



3.24m total episodes of care



1,270,525

outpatient services episodes of care (2020-21: 1,534,391)



39,914

paediatric admissions (2020-21: 35,128)



238,397

emergency presentations (2020-21: 219,603)



66,992

ambulance arrivals (2020-21: 67,814)



273,938

total hospital admissions (2020-21: 276,096)



9,979

babies born (2020-21: 10,118)



376,175

mental health episodes of care (2020-21: 404,856)



56m

pathology tests (2020-21: 50.19m)



43,751

surgical operations (2020-21: 48,333)



784,269

COVID-19 vaccinations (2020-21: 135,000)



7,957

COVID-19 admissions (2020-21: 166)



182,773

COVID-19 positive pathways patients (2020-21: 287)



What calls us back to Monash Health every day? The power of purpose



MHB / NaMES Workforce Team - 2022 Achievements

2,830

Graduate applications





800

RUSON applications

reviewed

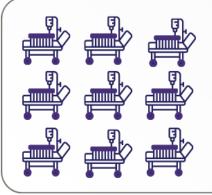
1,399

Graduates and RUSONs recruited









every fortnight

Working across

different clinical areas Each fortnight graduates fill

618 EFT









282 **EFT** in general medical and surgical areas



46 in Monash **EFT** Womens





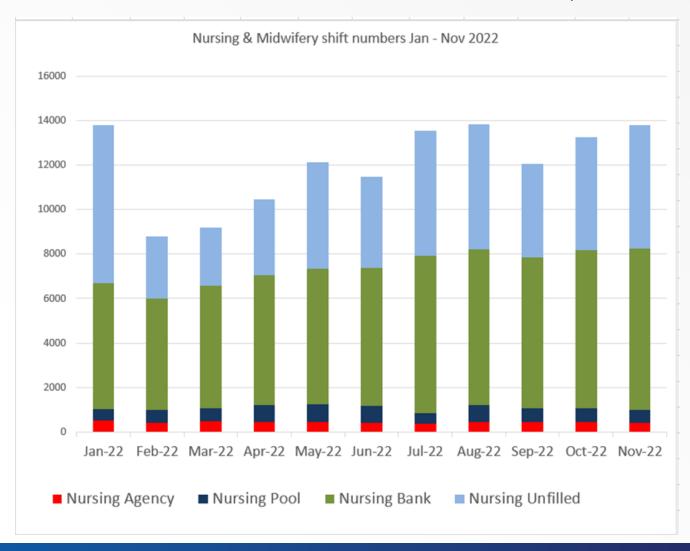




40% 1 of current Graduates 77 previously worked as RUSONs

95% of current Graduates were **retained in ongoing employment** at the end of their program

Casual/Pool shifts 2022 - Total 132,309 shifts



Education & Training

4387

Undergraduate Students **194** TSP

Participants

191

Post Graduate Students

20,956

Attendees of facilitated education

536

Participants in the Preceptor & Assessor Course

61,717

Clinical Placement days

103

Graduate Study Days **573**

Post Graduate assessments

4

Participants in the Midwifery Refresher Program



Clinical Specialties Supported

Critical Care, Renal,
Midwifery, Mental Health
Emergency, Intensive Care,
Theatre, Cancer,
Medical/Surgical
Paediatrics, NICU, PICU



56

Nurses Upskilled to Cardiac HDU

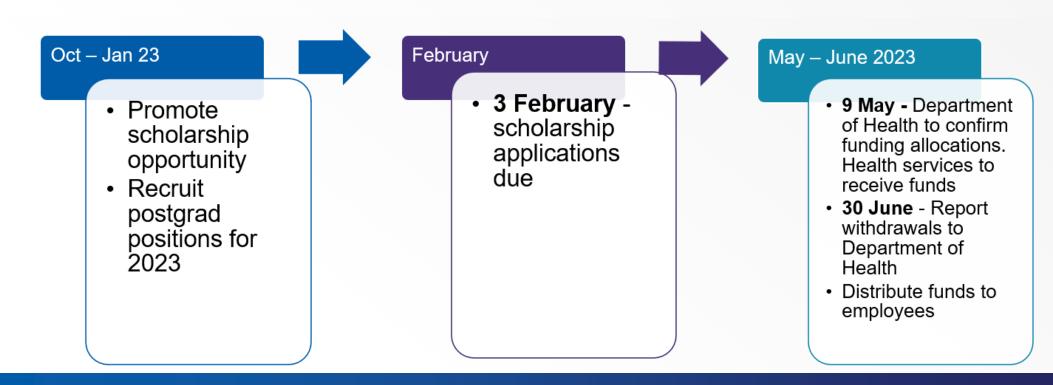
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Education Partners supporting the development of our workforce



Post Graduate Scholarships 2023

- Department of Health are offering Postgraduate Scholarships for 2023
- Scholarship covers out-of-pocket course fees for eligible courses in clinical priority areas identified by the Department



Prevention of Occupational Violence & Aggression

- 19 Code Grey workshops completed with 332 total attendees in 2022
 - 274 clinical
 - 58 security
- PRIIME Training Framework implemented
- Behaviour support workshops facilitated in Residential Aged Care facilities to 110 HCW's
- Introduction of Behaviour Support Consultant roles
 - Support Monash Health services by providing education and leadership
 - Improve capacity to predict, prevent and respond to aggression and behaviours that may lead to aggression

POVA: PRIIME Training Framework





moto

- A safe and supportive environment for all
- Person and family centred care tailored to the consumers' needs
- Trauma informed and least restrictive approaches
- Collaboration and effective communication
- Increased awareness of potential risks and contributing environmental and organisational factors









- Identifying behaviours of concern and risk of aggression
- Targeting high risk settings and consumers and/or visitors with increased risk of developing behaviours of concern
- Communicating risk utilising patient alert system and handover processes
- Identifying environmental risks and hazards
- Commencing early planning and engagement



Implemen

- Implement early risk mitigation processes such as:
- Diversion and comfort strategies
- Increased observation and engagement
- Collaborative care planning with multidisciplinary team
 Tailored behaviour support strategies and plans





Intervene early to warning signs and escalating behaviours by:

- Maintaining situational awareness and responding to risk
- Utilising appropriate communication strategies and deescalation techniques
- Escalating care with multidisciplinary input and review
- · Maintaining personal and environmental safety





Manage imminent risk and episodes of aggressive behaviour by activation of:

- Local safety/ duress response
- Code Grey team response and incident management that is timely and a multi-disciplinary approach.
- Code Black





Evaluate & Evaluate and support employees and consumers by:

- Reviewing and updating behaviour support plans
- Providing post incident debriefing and support
- · Documenting and reporting incidents
- Conducting incident investigations and communicating shared learnings
- Using data to inform practice



Achievements



- Successful NSQHS accreditation
- Changed ways of working to improve service delivery
- Nursing Care Standards Audit
 - Patients tell us that the quality of care we provide is excellent
 - Over 90% of patients report
 - They were treated with respect, dignity and compassion
 - Nurses were friendly and helpful
 - They received enough emotional support
- Nursing & Midwifery Foundations of Care Review
 - Exciting opportunity for nurses and midwives to reshape the foundations of care at Monash Health
 - All Monash Health nurses and midwives are invited to complete a survey on the foundations of care

"Lovely nurses, very caring and helpful"

Thank you to all our nurses who are doing such a great job"

"Exceptional care has been provided.

Nurses have all been very caring"

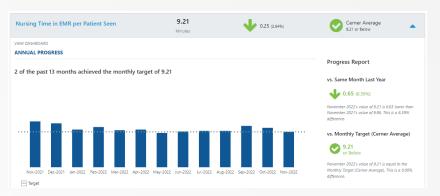
Foundations of Care Survey QR

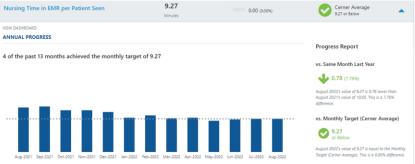




Digital Health Achievements

- Supporting our nurses and midwives through:
 - Improving documentation in EMR
 - Comprehensive Care Plan
 - MST (malnutrition screening tool)
 - CLO improvements to include
 - Tap to witness workflows for double checking (first in Australia)
 - Trailing new computing devices for use in medication rooms
 - VHH nursing workflows and devices
 - Research publications and presentations
 - Presentating achievenmt in international stage









Nurse Practitioner Week 2022

27 Nurse Practitioners and several Candidates in the following specialties:

Diabetes

Immunisation

Nephrology

Mental Health

Newborn

Oncology

Paediatric Oncology

Chronic Disease

Emergency

Metastatic Breast Cancer





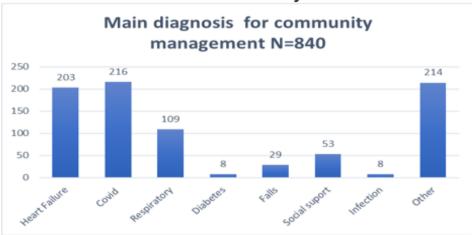
Monash Community Presentation

Community Nurse Practitioner (NP) in Clayton Emergency Department

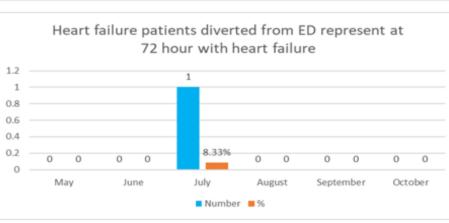
Senior upfront decision maker

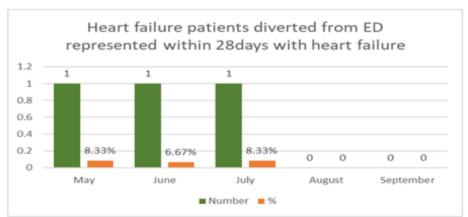
Direct link to Community and next day follow up by NP Fits with Excellence in Timely Care and Better at Home

Connects Acute to Community











Patient Profile
Age-75 (19-99)
F:M 52%:48%
Disposition
RACF 27%
Private Residence73%

The Victorian Heart Failure readmission cost average is \$9,038 and LOS average 5.6 days (2019 Safer Care Victoria Data)

Looking at the Heart Failure alone (N=203) model successful with readmission rates low



Monash Health Research Curiosity compels us to find solutions for the future



\$73.9+ million research revenue



increasing active research projects to

1,664



768

new research projects submitted for approval



564 drug trials



46



306

PhD students enrolled



161

quality and service improvements registered

Nursing and Midwifery Research

- Nurses and midwives are integral to the conduct of current and future healthcare research.
- Publications in nursing and midwifery have continued over the COVID period with 30 in 2020, 54 in 2021 and 32 year to date in 2022





2023 Nursing & Midwifery Awards & Scholarships (NAMAS) opening soon



Make your nominations and applications via the STAR portal



Employee wellbeing programs and initiatives











Fitness Passport

Leading Mentally Healthy Teams

Health & Wellbeing Hub

Financial Wellbeing Program

Resilience Project
Digital Series





Questions via

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