

# Move Smart Program launch

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# Agenda






- Outline Nursing and Midwifery manual handling training
- Outline mandatory online training for all employees
- Overview program
- Implementation plan



# Mandatory Online Training – LATTE

- Introduction to Manual Handling module
- **Mandatory** ALL employees every two years
- Power BI reporting will be available
- Go Live date: Monday 27<sup>th</sup> March
- Time frame for completion: six months



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Move Smart - Nursing Champions F2F Training Booking	Move Smart - Introduction to Manual Handling	Move Smart Manual Handling - All Nursing	Move Smart Manual Handling - Allied Health	Move Smart Manual Handling - Support Services



# Nursing/Midwifery Move Smart Program



From previous train the trainer model with Unit Trainers required to train groups of five on the ward

## Revised to:

### **Unit Move Smart Champions**

- Three per ward, local on-the-job coaching and SME
- Two days of training reduced from three days

**Mandatory online Move Smart training introduction and nursing modules** (All nurses are required to complete these)

PLUS

### **Six-week Safe Work Practice Focus**

- 2-3 SWPs per week, discussed in huddles with Champions, observation, and coaching on the job
- Online Quiz end six-week period

### **Units with Heavier Manual Handling requirements**

- OHS Move Smart Team 1.5 hour face-to-face training, in double-time, training rooms with equipment
- Practical problem-solving approach tailored to the ward



# Move Smart Champions – Nursing/Midwifery

- Coms NM and ANUM
- Position description
- Minimum of three Move Smart Champions per area or 1:30 ratio
- Two days, backfill costs. May – June Kingston/MMC
- Book into the course via Latte by the end of March
- Complete online learning preface to face

Move Smart Champions Training 2 Day Course

Champion face-to-face Booking

Event status	Seats available	Session times	Rooms	Actions
Upcoming Booking open	15	8 May 2023, 8:30 AM - 5:00 PM Timezone: Australia/Melbourne	Kingston Socialisation Room	<a href="#">GO TO EVENT</a>
		15 May 2023, 8:30 AM - 5:00 PM Timezone: Australia/Melbourne	Kingston Socialisation Room	
Upcoming Booking open	15	8 May 2023, 8:30 AM - 5:00 PM Timezone: Australia/Melbourne	Clayton Conference Room ER 56	<a href="#">GO TO EVENT</a>
		15 May 2023, 8:30 AM - 5:00 PM Timezone: Australia/Melbourne	Clayton Conference Room ER 56	

Five Move Smart course cards are displayed horizontally. Each card has a yellow header with a person icon and the text 'Move Smart'. Below the header is a search bar and a title. The first card is circled in red and has the title 'Move Smart - Nursing Champions F2F Training Booking'. The other cards have the following titles: 'Move Smart - Introduction to Manual Handling', 'Move Smart Manual Handling - All Nursing', 'Move Smart Manual Handling - Allied Health', and 'Move Smart Manual Handling - Support Services'.



# Online Learning – Nursing/Midwifery specific

- Mandatory Training ALL nurses
- Every two years
- Go Live date: Mon 27<sup>th</sup> March
- Completion time frame – six months
- Can stop/start program



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<input type="text" value="0%"/> Move Smart - Nursing Champions F2F Training Booking	<input type="text" value="0%"/> Move Smart - Introduction to Manual Handling	<input type="text" value="0%"/> Move Smart Manual Handling - All Nursing	<input type="text" value="0%"/> Move Smart Manual Handling - Allied Health	<input type="text" value="0%"/> Move Smart Manual Handling - Support Services





# Safe Work Practice in Action – Nursing/Midwifery

- Move Smart Champions team huddles
- Six weeks
- Posters, QR-coded videos
- Individual Safe Work Practices
- Latte Quiz end six weeks
- Starts July

The image displays three overlapping posters for 'Move Smart Safe Work Practice in Action'. Each poster features a QR code labeled 'SCAN ME' and provides detailed instructions for safe patient care practices. The posters are:

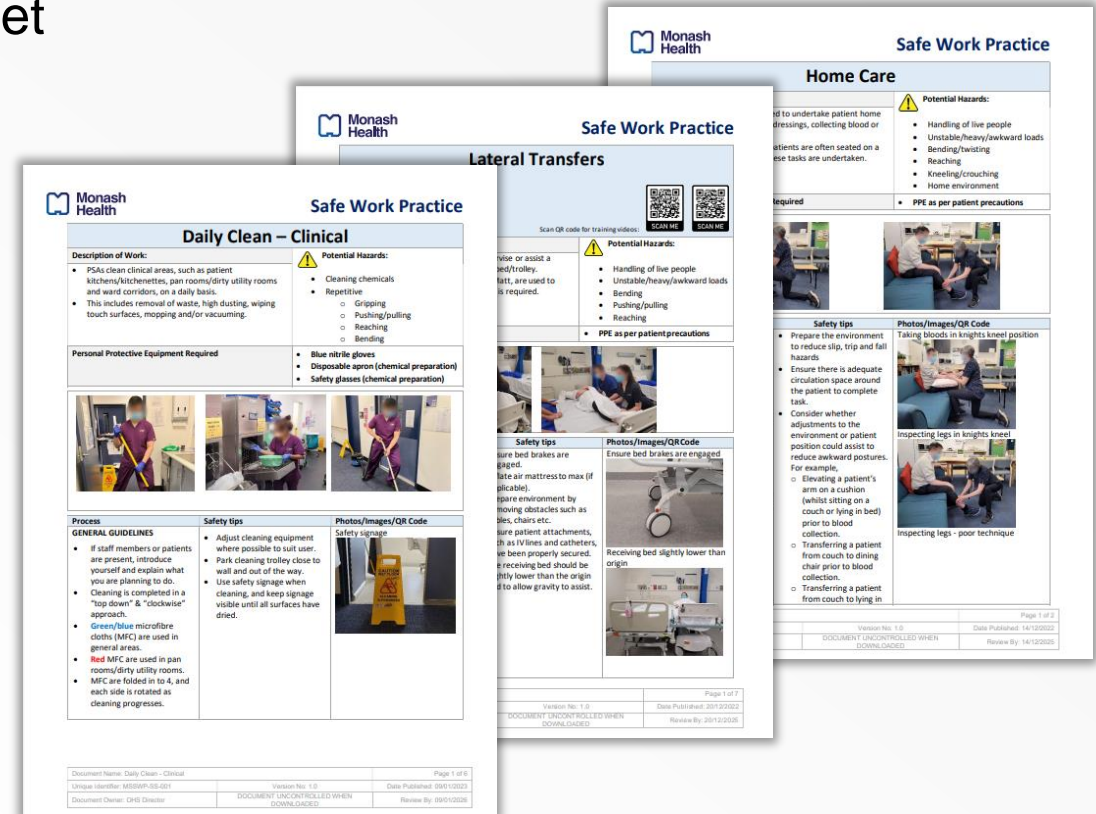
- Poster 1 (Left):** Focuses on helping a patient roll in bed. It includes three focus areas: Focus 1 (Help a patient roll in bed), Focus 2 (Help a patient reposition in bed), and Focus 3 (Help a patient move up or down in bed). Each focus area includes a QR code, a small image, and a brief description of the practice.
- Poster 2 (Middle):** Focuses on bed mechanics and patient care. It includes three focus areas: Focus 1 (Help a patient sit up or lie down in bed), Focus 2 (Help a patient sit on the edge of a bed), and Focus 3 (Help a patient transfer leg onto a bed). Each focus area includes a QR code, a small image, and a brief description of the practice.
- Poster 3 (Right):** Focuses on transferring patients from/to beds, chairs and commodes. It includes three focus areas: Focus 1 (Help a patient to stand – 1 x assist), Focus 2 (Help a patient to stand – 2 x assist), and Focus 3 (Help a patient to step-transfer – 2 x assist). Each focus area includes a QR code, a small image, and a brief description of the practice.

At the bottom of each poster, there is a QR code and the text: 'For more information on Safe Work Practices, visit the Move Smart intranet page.' The Monash Health logo is visible in the bottom right corner of the rightmost poster.



# Safe Work Practices (SWPs)

- Available Move Smart Page – Safety Intranet
- Loaded to Latte by end of April
- Building in QR-coded videos
  - Nursing/Midwifery
  - Allied Health
  - Support Services
  - Theatre
  - Home-Based Care





# Face-to-Face training – Units with higher manual handling needs

- Starting with Nursing/Midwifery
- 1.5 hour face-to-face training
- Dedicated training rooms with commonly used equipment
- Practical problem-solving session



# Other areas

## Online Learning

- Support Services and Allied Health – Online training development completed in April
- Go Live in these areas: end of April
- Home-Based Care module to be scoped
- Medical Workforce module to be scoped

## Facilitated training

- **From May**
  - Safe Work Practices
- **From July**
  - Support Services PSA/ESA face-to-face
  - Food Services Move Smart Champions
  - Allied Health



# Resources

- Latte Training
- Move Smart Team  
[movesmart@monashhealth.org](mailto:movesmart@monashhealth.org)
- Safety Intranet – Move Smart Page
- Safe Work Practices
  - Nursing
  - Allied Health
  - Health in the Home
  - Support Services
  - Theatre


## Move Smart

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**Move Smart at Monash Health** to avoid injury due to manual handling tasks at work!

The OHS Team is pleased to launch the new Monash Health Move Smart Program, developed by our Move Smart Coordinators.

Program Overview:

1. [Latte Online Manual Handling Training - MANDATORY](#)